

Exploring how technology can support carers at home and in the community.

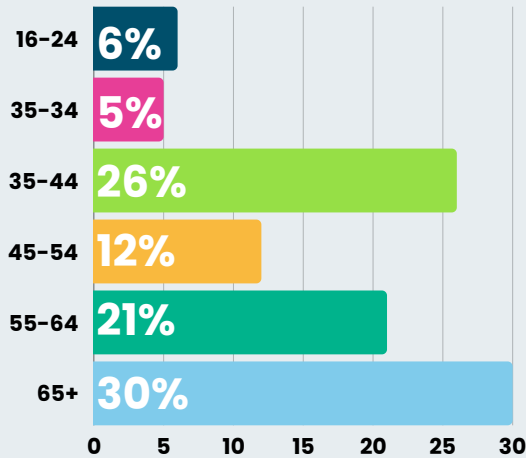


# We spoke to 88 people

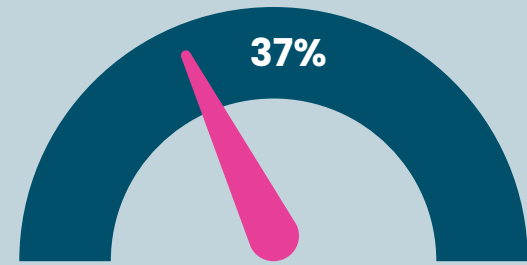
## Age



5 respondents didn't answer



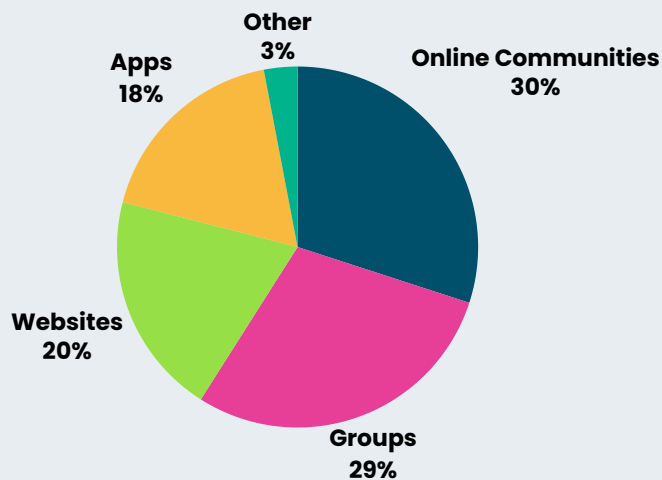
## Are you a Carer?



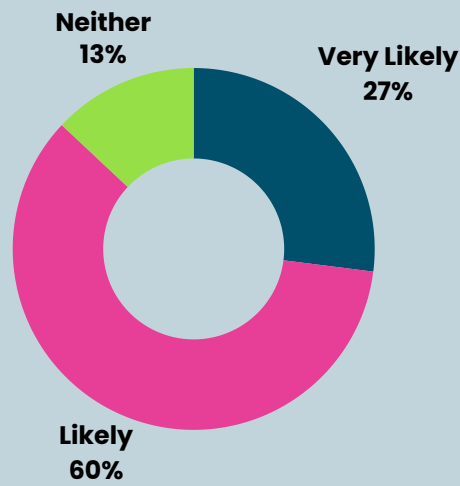
63% of respondents didn't identify a carer

## Non-Carers

If you were to become a carer in the future, what additional support, if any, do you feel would help?



How likely are you to use technology for social support?



When considering support, what types of support do you prefer?



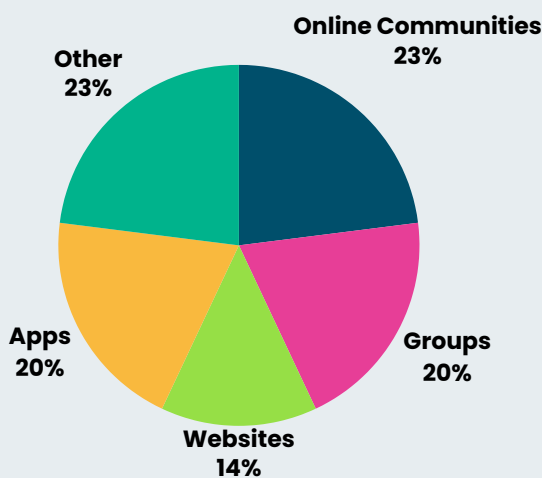
Other: Medical help Music making

## Preference for activities

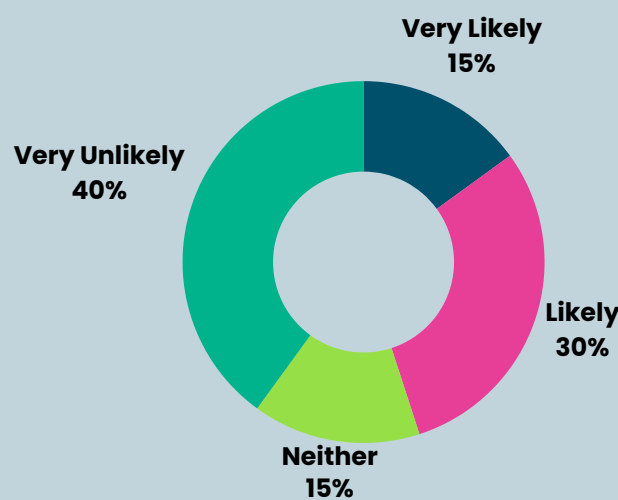
Overall consensus evening sessions **40%** **76%** Online **60%** in person

## Carers

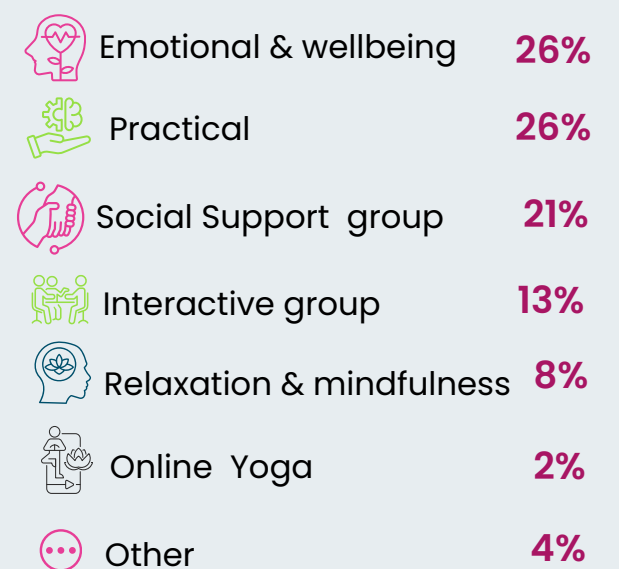
What additional support, if any, do you feel would help?



How likely are you to use technology for social support?



What types of support do you prefer?



Other: Gentle Exercise Telephone contact In person

## Preference for activities

Overall consensus day time sessions **61%** **58%** Online **56%** in person