



September 2021 Update

September is over and what a month...

On 8th September we held our Carers feedback event at The Gateway. We had a great turn out, however if you were unable to attend, the questions are available to answer to have your voice heard.

Disability Awareness Day: Healthwatch Warrington spent the day chatting and listening to the views of Warrington residents. What a wonderful day it was and lovely to see so many people enjoying themselves.

Our Children & Young Peoples Mental Health project has been going from strength to strength. Julie has engaged with Warrington Youth Club & Homestart to name a few.



Carers Feedback

Our Carers Feedback event was an informative event, with lots of valuable feedback.

The questions we asked at the event are now available below so you can still have YOUR voice heard if you were not able to attend.

Give your feedback



What is NHS Complaints Advocacy?

Although most people using the NHS in Warrington are happy with their care and treatment, things can sometimes go wrong. If you're not satisfied with the service you've experienced from a hospital, doctor, dentist, local surgery or any other NHS provider, you are entitled to complain about it.

Find out more about our Advocacy Service



Children & Young Peoples (CYP)
Mental Health & Wellbeing:

CYP Mental Health & Wellbeing

At the end of July, our Young Person's Community Engagement Lead Julie Howson launched the Children & Young Peoples Mental Health & Wellbeing Surveys for KS3, KS4 & KS5, Parents and Teachers. These were well received. Julie will be relaunching these again in October along with surveys for KS1&2, GPs & Professionals.

Julie has been busy engaging with [HomeStart Warrington](#) and joined Ellie Harrison and one of their Volunteers at [The Puddle Project](#), Set up by a marvellous called Phil Broderick who off his own back with his own funding has regenerated former wastland into an Oasis for vulnerable children and young people.

Julie also spoke at the Warrington Youth Event at the Peace centre with [Warrington Youth Club](#), talking about the Mental Health wellbeing project.

You can find out more about these surveys and this project below.

[Find out more](#)

Disability Awareness Day

The team had a wonderful time at Disability Awareness Day. Lydia joined Simon Kenton Programme manager of the New Town Bid on Radio Warrington.

We spoke to the community about our projects and listend to their views, aswell as meeting up with Dennis Dewar from Merseycare.

Well done to all the staff and volunteers at Warrington Disabilty Partnership for their hard work and putting on an amazing event.





Save the date

Healthwatch Warrington's Annual meeting will be held virtually this year via Microsoft Teams – Tuesday 12th October 2021 @ 11am.

Meet the team and see their achievements over the last year and what our priorities are for the next year.

Register your interest below.

[Register for Annual Meeting](#)

Updates



and



Virtual Voices

If you would like to get involved and have your say with the chance to win a voucher – simply sign up to Virtual Voices. Sign up today and you have the choice to take part each month.

Peoples Panel

Our Peoples Panel meet monthly via Zoom. Each month there a different speaker and a chance to discuss health and social care matters that are arising in Warrington.

This month we want to know about Carers Feedback.

Next month we will be working with Maternity Services.

We are continuously recruiting for Warrington residents to join the panel in order to have an even more diverse group of people represented.

If you would like to contribute to the panel please apply below.

[Take Survey](#)

[Apply to Peoples Panel](#)




August's Virtual Voices Winner

Last months winner for Virtual Voices was Terry. He was the lucky winner of a £20 voucher gift voucher to spend in Warrington Market.

"I've just received the voucher and wanted to say thanks, really appreciate it."

Join today to have a chance to win and make YOUR voice heard.

[Join Virtual Voices](#)



healthwatch
Warrington

Warrington's
VIRTUAL VOICES

Warrington
People's Panel


Enter & View

Health Advisory Board
Member

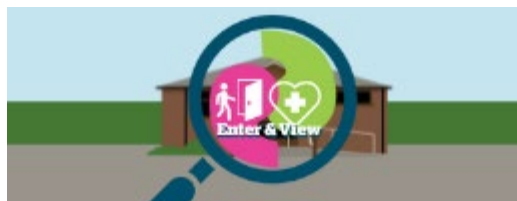
VOLUNTEER
here to make a difference.

Get involved, there is something for
EVERYONE

| Enter & View | Virtual Voices | People's Panel | Health Advisory Board |



01925246893



Enter & View Representative

They are trained to visit a range of NHS and social care premises, and talk to staff, patients, carers and other service users about their experiences.

Information collected is used to make recommendations on how services can be improved. Our Enter and View Reports are shared with the CQC.

1. Prepare for visits by attending



Healthwatch Advisory Board

In delivering Healthwatch Warrington's services, we are advised by a Healthwatch Advisory Board drawn from members of the public. This group provides advice on:

1. Healthwatch priorities
2. The Enter and View programme
3. Identifying key public concerns
4. Community engagement activity

briefings with the HW Support Team

2. Visit health and social care premises, including local hospitals, care and nursing homes, GP surgeries, dental practices, ophthalmic services, etc, to observe what is happening
3. Talk to patients, service users, staff and carers and gain their views on the quality of services provided
4. Maintain notes of the visits and assist in the preparation of reports to outline the findings, and if applicable, offer recommendations for change

[More](#)

They act as the voice of the people and ensure that Healthwatch Warrington adheres to the core principles of; confidentiality, respect, feedback, transparency and influence.

[More](#)



Enter & View Authorised Rep Training.

5th October 2021 – 1.30pm–3.30pm

Adrienne will be holding some Enter & View Training.

Volunteer to observe local health and social care services at the point of delivery.

The priority services for 'Enter and View' visits throughout 2021 are GP Practices.

Access to these services and treatment options have been affected by the pandemic and the review team will aim to gain insight from patients and staff about their experiences. We can inform change, but only you can make it happen.

[Register now](#)

Our Reports



HWW Annual Report

Find out what Healthwatch Warrington got up to during 2020-2021.

A full report of what we did, our volunteers and how we used our social media presence during the pandemic.

A highlights video of our annual report can be found [here](#).

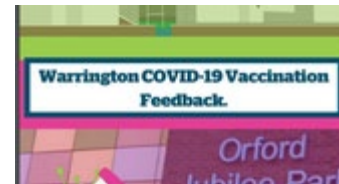
[Read Report](#)



GP Access Report

We asked our Virtual Voices about their experiences with GP Access, as we have received a lot of feedback regarding this issue in Warrington. We have collated this information and shared it throughout our networks. Our report is available below.

[Read Report](#)



COVID Vaccine Feedback

Our Mass Vaccination Centres have been buzzing since the introduction of the COVID 19 Vaccines. We have been collating information from the centres and have had over 2800 responses. Below is the report on our findings of the experiences of Warrington Residents

[Read Report](#)

Other Information



Help the Foodbank

Warrington Foodbank is in urgent need of donations.

around 80% of the shelves are empty and they have completely run out of a lot of stuff, for example, Soup, tinned fruit, beans, pot noodles, tea & coffee.

If you can help all the information is below and there are drop off points located across Warrington.

[Ways to Help & Donate](#)



We Urgently Need Carrier Bags

Our carrier bag stocks are fast depleting.

So, if you have a forgotten hoard, then why not donate them to us?

Drop them off at our Warehouse, 9 Tanning Court, WA1 2HF
Monday-Thursday 4pm-7pm

Warrington Foodbank - Tel: 07583 080 521 - Email: info@warrington.foodbank.org.uk
Website: www.warrington.foodbank.org.uk - Registered Charity 1152525

Thank You

Up-to-date Shopping List for all donations



We are running really low on these items

All non-perishable items
(Tins, packets, cartons, jars, etc)
Except beans & pasta

Plus
Toiletries & cleaning products

We also need

Carriers Bags
&
Egg Boxes

Donations accepted at our Warehouse
Hilda Whitfield House
9 Tanning Court
WA1 2HF
Mon-Thu 4pm-7pm
&
Golden Square
Information Centre
Tue-Sat 10am-2pm



Warrington Foodbank - Tel: 07583 080 521 - Email: info@warrington.foodbank.org.uk
Website: www.warrington.foodbank.org.uk - Registered Charity 1152525

THANK YOU

WHH Charity



NHS
Warrington and
Halton Hospitals
NHS Foundation Trust

Registered Charity Number: 1051858

LOTTERY

£10,000 ANNUAL JACKPOT!

PLUS 10 x £500 PRIZES

- 1 x £1,000 Weekly Prize
- 29 Additional weekly cash prizes totalling £600 every week (1 x £100, 4 x £50, 4 x £25, 20 x £10)



THE WHH CHARITY LOTTERY

has been established to help raise funds to support YOUR local hospital. Not only does it give YOU the opportunity to win some fantastic cash prizes it will contribute to providing MORE for the patients at Warrington and Halton Hospitals.

Money raised through YOUR support of the lottery will directly support the hospital through providing additional equipment and facilities that benefit both patients and staff.

Any help and support YOU and the WHH Charity can give to support patient care is greatly appreciated by our clinical colleagues.

Thank you and good luck!

☎ 01925 662666   

The WHH Charity, Warrington Hospital, Lovely Lane, Warrington , WA5 1QG

Just turn up ... no need to book and it's free



Peer Support Group
for those living with
depression, anxiety
and related conditions

Facing
Depression
Together

PeerTalk®

EVERY MONDAY 7.00^{pm} – 8.30^{pm}

The Gateway
89 Sankey Street
Warrington
WA1 1SR.

Find out more at:

- 📞 07719 562 617
- 🌐 peertalk.org.uk
- 🐦 @peer_talk
- 📘 @peertalk1
- ✉️ enquiries@peertalk.org.uk
- 🍷 [peertalkcharity](https://www.peertalkcharity.org.uk)



In partnership with
THE NATIONAL LOTTERY
COMMUNITY FUND

The PeerTalk Charitable Foundation, registered charity no. 1169830.



ONLINE NORTH WEST ARTHRITIS ACTION GROUPS

JOIN US ON ZOOM TO MEET
OTHERS, SHARE HINTS AND
TIPS, AND LEARN ABOUT
SELF-MANAGEMENT
TECHNIQUES

REGISTER BY EMAILING
INFO@ARTHRITISACTION.ORG.UK



[Presentations for groups](#)

I can offer free presentations to community groups and staff on arthritis and self-management via zoom, team or by phone. I've done several joining online with a group meeting in person, so happy to adapt to hybrid models.

[Online Arthritis Action Groups](#)



















We continue to run our popular Arthritis Action Groups online, including evening groups and online coffee mornings. Join to meet others with arthritis, share tips and experiences and learn more about self-management. The full

list of dates is on our website <https://www.arthritisaction.org.uk/media-centre/events/>

New Young Adult's Hub

We've launch a new resource for young adults with helpful guidance and tips for navigating arthritis including receiving a diagnosis, working, parenting and much more.

Making Space Timetable Aug 2021

	Home Support									
T U E S D A Y	Daily Drop In 10am-11am (Open for new referrals, Walk rounds, Service info, One-to-one support)	Book Swap Club (Staff Led) 10:30-11:30 Free Tea/Coffee and Biscuits. Choose from a wide variety of books on our bookcase, a quiet time to relax and discuss the benefits of reading with others.	Cafe Open Daily 11AM - 1PM Fresh homemade daily specials only £2.50	Positive Thoughts (Led by Creative Remedies) 1:30PM-4:00PM If you would like to join please see a member	Media Group (Led by Creative Remedies) 2:00PM-4:00PM If you would like to join please see a member off staff	Info, One-to-one support	(Volunteer Led) A time to unwind and listen to a short story whilst enjoying a free tea/coffee and biscuits			
	Daily Drop In 10am-11am (Open for new referrals, Walk rounds, Service info, One-to-one support)	Book Swap Club (Staff Led) 10:30-11:30 £2 per session Practical and educational, learn all the best skills	Cafe Open Daily 11AM - 1PM Fresh homemade daily specials only £2.50	"I am I can" 1:30pm - 2:30pm (Led by Nicky Price - Rainbow after the storm) 6 Week Course Learn positive skills, tips and techniques on the topic	Snack and Talk (Led by Get Warrington Talking) 3PM-4PM Mental Health	Info, One-to-one support	(Volunteer Led) A time to unwind and listen to a short story whilst enjoying a free tea/coffee and biscuits			
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Walking to improve our mental health and wellbeing



Walking is an ideal activity to keep healthy, active, stay connected and reduce our chances of becoming unwell.


Walking can have a positive effect on our mood, our confidence, and can create opportunities to connect, to give and to learn from others.


Through Get Warrington Women Walking we aim to encourage women to look after their mental health and wellbeing and raise awareness of the mental health benefits of walking.

There will be a variety of different walks to suit different walking abilities with an emphasis on every woman feeling welcome and included.

The Five Ways to Wellbeing are key to positive mental health and wellbeing. Walking is an ideal opportunity to learn, connect, give, be active and take notice of what's around us.

For more information or to book your place
Contact Pip

 email: Pip@warringtonspeakup.org.uk

 tel: 01925 246938

 @GetWarrTalking

 @GetWarringtonTalking



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